



NutriHub - The Organic Fusion Café (Vegetarian) Welcome to visit us at Cuppage Plaza, #B2-25

Opening hours : Mon to Sat - 10am to 7pm. Available for Dinner after 7pm based on reservation.

有机素食

Closed on Sunday & Public Holiday. But, available for Group Booking. www.nutrihub.blogspot.com Takeaway Available.

For NutriMeal & Starter, takeaway charge 30 cents per item. No takeaway charge for Drinks, except for Promotion items. Please contact us at 67382746 to place your order for takeaway or dining in. For Enquiries, please contact Ms Vinitha Ang at 92368402. **Thank You**

<u>Nutri Starter & Snacks</u>		<u>Nutri Meal .</u>		<u>Living Food Specialties - Organic</u>	
1. Nutri-Salad of the day (small/regular)	\$3.80/ \$6.00	13. Organic Brown Rice meal with change of dishes daily	\$6.00	<u>Raw Nut Milk</u> <i>(No Milk at all - 100% Organic Raw Nuts & Dates)</i>	
2. Fruity Nori Sushi	\$5.80	14. Mushroom Veggie Ramen / Soba (Soup) - Ramen \$6.50 / Soba \$6.00		23. Almond nut milk	\$5.00
3. Spicy Almond Sushi (with Organic Almond & Apple Chilli) NEW!	\$7.00	15. Mushroom Veggie Ramen / Soba (Dry) - Ramen \$6.50 / Soba \$6.00		24. Cashew nut milk	\$5.00
4. Nut Cheese Sushi NEW!	\$7.00	16. Alce Nero Fusilli Pasta in Basil Tomato sauce with Pine nut topping	\$6.00	25. Walnut with Black sesame milk	\$5.00
5. Asian Pizza Delight + Nut Cheese NEW!	\$8.80	17. Black Pepper Mushroom Udon (Dry)	\$6.00	26. Trio Seed milk (Pumpkin, Sunflower & White sesame seeds)	\$5.00
6. Five Spices Salad Tofu	\$6.50	18. Brown Rice Pumpkin Bee Hoon with Wolfberry NEW!	\$6.50	27. Brazil nut milk	\$5.00
7. Nutri Vegan Rojak with Walnut topping	\$6.50	19. Black Bean Misoya Noodle	\$6.00	28. Cashew Fig milk	\$6.00
8. Nutri Vegan Gado Gado	\$6.50	20. Chilli Miso Tofu Ramen	\$6.50	29. Cashew Hazelnut milk	\$6.00
9. Organic Pumpkin Kaya Toast Optional + Nut Cheese NEW!	\$3.00 \$3.60	21. Toon Sauce Mushroom Udon NEW!	\$6.00	30. Blackcurrant Cashew Almond milk	\$6.00
10. Organic Wholemeal Sandwich	\$6.50	22. Tricolor Salad Soba NEW!	\$6.00		
11. Organic Wholemeal Mantou	\$1.50				
12. Wholemeal Veggie / Curry / Mushroom Pau (steam bun)	\$2.00				





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<p><u>Fresh Organic Fruits & Vegetables juice</u> <i>(100% Pure Juice, except for Hi-Fibre Green)</i></p> <p>31. Detox Basic Apple + Beetroot + Carrot juice \$6.50</p> <p>32. Hi-Fibre Green (Blend Juice with Apple + Carrot + Essential Green) \$6.50</p> <p>33. Great Cleanser for kidneys, liver & gall bladder - Cucumber + Beetroot + Carrot juice \$6.50</p> <p>Other Juices – Orange / Apple / Celery</p> <p><u>Organic Icy Delights</u> (No artificial coloring / flavoring)</p> <p>34. Yogurt Fruity Smoothie Organic milk / Soy milk Yogurt + Fruits (banana / strawberry) \$5.00</p> <p>35. Yogurt Roselle Drink \$5.00</p> <p>36. Essential Green Yogurt Drink (Yogurt + Banana + Essential Green) \$5.00</p> <p>37. Yogurt Fruity Ice cream NEW! \$4.50</p>	<p><u>Nutri Drink</u></p> <p>38. Organic Brown Rice Milk with Cashew nut (Hot Drink) \$5.00</p> <p>39. Organic Oat Milk with Almond (Hot Drink) \$5.00</p> <p>40. Organic Black Sesame Walnut Brown Rice Milk (Hot Drink) NEW! \$5.00</p> <p>41. Fruit Enzyme Honey Drink (pineapple / papaya / dragon fruit / kiwi / passion fruit) – Cold Drink \$4.00</p> <p><u>Freshly brewed Organic Tea</u></p> <p>42. Plum Green Tea (hot/ cold) \$3.00</p> <p>43. Roselle Green Tea (hot/ cold) \$3.00</p> <p>44. Chamomile Tea \$2.50</p> <p>45. Peppermint Tea \$2.50</p> <p>46. Ginger Root Tea \$2.50</p> <p>47. Green Tea \$2.50</p> <p>48. Yunnan PUER Tea \$2.00</p> <p>49. Ice Lemon (Enzyme) Green Tea \$3.00</p>	<p><u>Freshly brewed Organic Coffee</u></p> <p>50. Regular Coffee \$2.50</p> <p>51. Latte \$3.00</p> <p>52. Cappuccino \$3.00</p> <p>53. Espresso \$3.00</p> <p>54. Caffeine free Coffee alternative – Organic Barley drink \$3.00</p> <p><u>Hot Beverages</u></p> <p>55. Organic Hot Chocolate \$4.00</p> 
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NutriHub the organic fusion cafe

Be Healthy Eat Organic 要健康吃有机素食

**Come & try our Organic Brown Rice meal for
Only \$6.00 with change of dishes daily.**

来试我们的有机营养糙米套餐仅售\$6.00

**Organic Pumpkin Kaya Toast + Organic Coffee
or Tea for ONLY \$4.80**

有机土司+有机茶/咖啡仅售\$4.80

You may view our Menu, Workshop schedule &
Services in our blog.

<http://www.nutrihub.blogspot.com>

**Come & Visit our Cafe at Cuppage Plaza,
#B2-25 (behind OG Orchard, near Centrepoint)**

Tel : 67382746

Opening hrs: Monday to Saturday 10am to 7pm

Available for Dinner after 7pm based on reservation.

Closed on Sunday & Public Holiday.

But, available for Group Booking.



Organic Living Hub - One stop Retail store
有机产品店

A) "Dine & Learn" workshop (营养与烹饪课程)

Enjoy a NutriMeal while you enrich yourself thru' learning

- Nutrition & Vitality cooking
- Nutrimeal Cooking
- Raw Like Cooked (Raw Food Class)
- Harmonizing your Body Energy

B) "Look Good Feel Good" program (美容瘦身)

Achieve healthy weight and experience the benefit of
"Detox" without fasting.

1-to-1 consultation with nutrition & weight assessment will
be provided.

C) "Vitality & Health" consultation (健康咨询)

Receive personalised nutrition assessment and advice to
improve your diet for better health or to compliment your
disease management, such as nutrition support for cancer
- before, during & after treatment.

**Do contact our Manager, Ms Vinitha Ang at
92368402 for enquiries / appointment.**

We also provide a wide range of **Organic / Natural
products as well as locally grown / imported
organic Fruits and Vegetables. Juicer, Blender,
Stainless steel Pressure Cooker
& Crystal Salt Lamp** are also available
at our Café cum Retail store
in Cuppage Plaza.

Be our Privilege Member & enjoy
10% off ala carte order
10% off Dine & Learn workshops
5 to 10% off Retail Products

10%
off F&B
purchase
above \$10
(valid till 30/9/2010)
NutriHub

NutriHub - the Organic Fusion Café

Dine & Learn Workshop

Fri 6/8/10 7pm to 9pm

“Raw like Cooked – Series III” 8月6日 生食餐烹饪课 III

\$50 inclusive of dinner plus learn how to make Simple, Nutritious **Raw Foods** as part of your diet.

1. Raw Hazelnut Milk ;
2. Tofu Chips
3. NutriVegan Popiah ;
4. Fruity Nutty Ice Cream

Wed 11/8/10 7pm to 9pm

“Harmonising Your Body Energy I” 8月11日 能量课 I

\$40 inclusive of dinner.

- ⚡ Learn how to protect yourself from harmful Electromagnetic Field / Radiation.
- ⚡ Learn how to use Pendulum to check your body & food energy.
- ⚡ Learn how to harmonize your body energy with visualization technique and other methods.

Sat 14/8/10 2pm to 4pm

“Nutrimeal Cooking – Series I” 8月14日 营养餐烹饪课 I

\$50 inclusive of lunch and learn how to prepare Simple, Nutritious & Healthy meal for your family.

- ⚡ 1. Fruit Enzyme (水果酵素) ;
- 2. Polenta Brown Rice Porridge (糙米粥)
- ⚡ 3. Herbal Mushroom (草药蘑菇) ;
- 4. Chickpea Salad (埃及豆沙拉)

Sat 21/8/10 2pm to 4pm

“Raw like Cooked – Series I” 8月21日 生食餐烹饪课 I

\$50 inclusive of lunch plus learn how to make Simple, Nutritious **Raw Foods looked like cooked** as part of your diet.

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|----------------------|---|---------------------------|
| 1. Swiss Museli | ; | 2. The Green Surprise |
| 3. Nutty Fruity Tart | ; | 4. Tricolor Fusilli Pasta |

Sat 28/8/10 2pm to 4pm

“Nutrimeal Cooking – Series III” 8月28日 营养餐烹饪课 III

\$50 inclusive of lunch and learn how to prepare Simple, Nutritious & Healthy meal for your family.

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|-----------------------------|---|--------------------------------|
| ⚡ 1. Brown Rice Lor Mai Kai | ; | 2. NutriVegan Floss / Nugget |
| ⚡ 3. Cucumber Enzyme Salad | ; | 4. Black Sesame Walnut Pudding |

Enjoy **10% discount** for our Privilege / Corporate Member or those registered for 2 workshops or more.
Or **10% discount** for group of 2 persons or more register for 1 workshop.

To enjoy more discount, sign up for the Full Package @ \$340 (3 series of Raw food & NutriMeal cooking classes, 1 Nutrition class & 2 series Energy class). Payment by Cash.

Earn for yourself **additional 5% discount for the course fee** when you referred 3 or more friends to attend our workshops.

For Registration / Enquiry, please contact or SMS to Ms Vinitha Ang at 92368402. We also customize our workshops for group / organisation on weekday / weekend. Please contact Ms Vinitha Ang at 92368402 for booking.
Welcome to visit us at Cuppage Plaza, #B2-25 (behind OG Orchard, near Centrepoint) Tel: 67382746